

HOW TO USE YOUR FEDERAL NUTRITION BENEFITS AT THE FARMERS MARKET & RECEIVE A DOLLAR FOR DOLLAR MATCH WITH MARYLAND MARKET MONEY



marylandmarketmoney.org



Grab your benefits & head to an MMM access point. Ask the welcome tent which vendors accept benefits.



Use your benefits to purchase foods directly from vendors & get a receipt for your purchase.



Some markets accept SNAP on behalf of vendors. Get SNAP tokens & MMM tokens at the welcome tent.



Take receipt(s) to the welcome tent & exchange for MMM tokens.



Spend MMM tokens with eligible vendors on local foods at the market.

WHAT CAN YOU BUY?

Federal Nutrition Benefits include
SNAP/EBT, WIC CVB, & FMNP

WHAT PRODUCTS ARE ELIGIBLE	SNAP/EBT	WIC CVB	SFMNP	WIC FMNP	MMM
FRESH FRUITS AND VEGETABLES	✓	✓	✓	✓	✓
FRESH HERBS	✓		✓	✓	✓
MEAT, EGGS, AND DAIRY	✓				✓
FOOD-BEARING PLANTS AND SEEDS	✓		✓	✓	✓
HONEY	✓		✓		✓
MAPLE SYRUP	✓				✓
PRE-PACKAGED NON-ALCOHOLIC BEVERAGES	✓				✓
BREAD, PASTRIES, AND BAKED GOODS	✓				✓
JAMS, JELLIES, AND PRESERVES	✓				✓
HOT PREPARED FOODS					